Naalya Food Bulletin

16th June, 2026

Rotary Kampala - Naalya

UNITE FOR GOOD

Issue 47 | RY 2025-26



Rtn Geoffrey M. Kitakule
D9213 Governor, 2025-2026

RC KAMPALA - NAALYA

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Chef's Note

There is a particular kind of silence that falls at the end of a Rotary year — not emptiness, but the quiet of accumulated effort.

When District Governor Geoffrey Martin Kitakule rose to deliver his State of the District Address, he did not fill that silence with ceremony. He filled it with evidence.

The statistics are the architecture of a year lived in service. Under Kitakule's stewardship, the district recorded remarkable growth in membership, project delivery, and financial mobilisation — numbers that, taken together, paint the portrait of a governor who understood that leadership is ultimately measured not in speeches, but in outcomes.

Clubs that had grown dormant found new breath. Communities that had waited found new wells, new scholarships, new medical interventions. His address was a ledger, balanced and honest, offered to the district as both accounting and aspiration.

It is fitting, then, that the same assembly which honoured his departing footprints also turned its eyes forward. The announcement of Kaziro Kyambadde and Peter Dhamuzungu as District Governor Nominee Designates for the 2028–2029 Rotary Year signal that the succession is in capable hands.

Both men carry the credibility of long service and the gravitas of Rotarians who have moved from enthusiasm to wisdom. The new districts watch, with interest and expectation, as both prepare to make their case to the membership.

Here at home, our new President, Rtn Christine Amucu, is warming up for the new Rotary Year as President Charles Owekmeno prepares to hand over the chain.

For every club, this transition can be stressful but as AG Francis Lubuulwa puts it in his must-read column in this Bulletin, it doesn't have to be.

Yet, even as we celebrate continuity and promise, we cannot publish this edition without naming an absence. Ugandan Rotarians were barred from attending the ongoing Rotary International Convention in Taipei - a gathering that is, by its very nature, a celebration of fellowship without borders. The irony is not lost on us.

Rotary's founding genius lies in its insistence that goodwill transcends geography, politics, and prejudice.

To find oneself excluded from that table, and more so of the new Rotary International Directors Tusu Tusubira and Emmanuel Katongole - for whatever reason, is a wound to the spirit of the organisation itself.

Three stories, then, in one extraordinary week: a governor who leaves a district transformed; two candidates whose nominations remind us that Rotary's future in Uganda is in safe hands, and a closed door in Taipei that we refuse to define us.

In that relentless, dignified cycle — of service rendered, leadership renewed, and injustice resisted — the wheel keeps turning. And in Uganda, it turns well.

Rtn. Peter Nyanzi
Bulletin Officer

Let's carry the momentum

RI PRESIDENT'S MESSAGE

Rtn Francesco Arezzo



JUNE 2026

As my year as President of Rotary International comes to a close, I offer my heartfelt thanks to each member of our global Rotary family.

Your kindness, warmth, and dedication have changed my life.

During this year, I had the privilege of traveling across our world, from San Francisco, birthplace of the United Nations, to the innovative Rotary clubs of Nigeria.

In every place, I saw Rotary members and our partners working side by side to create lasting, positive change, reminding me that our strength lies in shared purpose.

That spirit leads naturally to a simple truth: Rotary is not something we attend, but something we do.

> "You have shown that when we Unite for Good, there is no challenge we cannot meet if we stand together."

We are not spectators. We act, and through that action, we transform our communities and ourselves.

As we continue this work, we must keep our focus on building conditions for peace. Rotary is, at its core, a peace machine.

But maintaining that machine requires intention, commitment, and steady effort.

That same resolve is needed now as we push toward polio eradication.

The final mile is often the hardest, but we cannot falter in our promise to the children of the world.

You have shown that when we Unite for Good, there is no challenge we cannot meet if we stand together.

Let us carry this momentum forward with courage, compassion, and an unwavering commitment to the safety and prosperity of all.

Love Made Visible, Mission Accomplished



DG'S MESSAGE

By Geoffrey Martin Kitakule

JUNE 2026

Over the past year, something extraordinary happened across Rotary District 9213. Not in grand fellowships, or events.

But in villages, schools, health centres, boardrooms, churches, dusty community grounds, and in the quiet moments where ordinary people chose service over self.

And if I have learned anything as District Governor, it is this: people still care. Deeply. They care enough to wake up before sunrise for medical camps in Atangi, Busesa, Gulu, and Kazo. They care enough to spend weekends fundraising for communities they may never personally benefit from.

They care enough to believe that a girl child deserves dignity, that a mother deserves safe delivery, that clean water should not be a luxury, and that hope is not something we merely talk about — it is something we build. Indeed… #RotaryEyamba.

When we began this journey, we spoke often about Uniting for Good. It sounded ambitious then. Maybe even slightly idealistic.

But somewhere between fellowships, dinners, project launches, Kimeza, WhatsApp debates at midnight, and those "Governor, we need just one more meeting" phone calls, we stopped being clubs working near each other and became a movement working with each other. And what a movement it became.

> "We equipped health centers; we restored dignity. We opened doors for young people."



Together with incredible partners including Davis & Shirtliff, EACOP, DFCU Bank, Buganda Kingdom, Centenary Bank, Giving Tuesday, and C-Care, among many others, we expanded Rotary's footprint of impact across Uganda and beyond.

We equipped health centers; we restored dignity. We opened doors for young people.

We brought clean water to communities accessing it for the first time. We proved that sustainable service is not a dream when good people decide to move in the same direction.

On the District X platform @dgrotary9213, I often wrote that "service is love made visible." This year, you made it visible everywhere.

To our Club Presidents: you were the captains of this mission. You led with resilience, creativity, and grace. Even in moments of exhaustion, uncertainty, and loss, you remained steady. You were indeed my "RideOrDie Presidents."

And somehow, despite the impossible schedules and impossible targets, you still found energy for fellowship, selfies and conference dance floors. Rotary people are truly special human beings.

To the Assistant Governors, District leaders, project teams, volunteers, and every Rotarian who quietly served without seeking applause; thank you. Leadership is never about the title on the badge. It is about the lives changed because you showed up. And yes, we showed up.

We showed up so powerfully that together we achieved what many considered impossible: raising over one million dollars for The Rotary Foundation. I still remember some of the early conversations where people politely smiled at the goal, the way one smiles at a child describing how they will become an astronaut next week.

But as Nelson Mandela reminded us: "It always seems impossible until it is done." Well… we did it. But beyond the numbers, the grants, the projects, and the milestones, the greatest gift of this year has been the reminder that Rotary remains one of humanity's most beautiful ideas; that strangers can become family through service. I must also pause to thank my own family.

To those who shared me with Rotary when the meetings became longer, the travel became endless, and the phone never seemed to sleep — thank you. Leadership is never carried out by one person alone. Families serve too, often quietly and without recognition. This journey belongs to you as much as it belongs to me.

As this chapter closes, I leave with profound gratitude and deep optimism.

- I have seen it in young leaders stepping forward with confidence.
- I have seen it in clubs choosing collaboration over competition.
- I have seen it in communities that now believe change is possible because Rotarians kept their promises. And so, my fellow Rotarians, let us continue.

Years from now, people may forget our meeting themes, conference décor, or even who held the office. But they will remember that in a season when the world often felt divided, Rotary District 9213 chose unity, chose compassion, chose action and changed communities forever. And we can confidently say together,

- Continue building Rotary in Uganda.
- Continue mentoring.
- Continue giving.
- Continue believing.
- Continue uniting for good.
- Because I have seen the future of Rotary District 9213 confirmed by our ability to start on the journey of re-organizing into District 9217 and 9218.

The work ahead remains enormous. But so is our resolve and capacity to serve. we did more than complete a Rotary year.

Together, we transformed lives and for that, we can all drop the mic with pride.

Indeed… #RotaryEyamba.



President's Message

RTN CHARLES OWEKMENO
Unite For Good President
2025-2026



Dear family of Rotary and friends of RCK Naalya,

I warmly welcome you back from the Heroes Day holiday. As we reflected on the courage and sacrifice of those who shaped our nation, let us carry forward that same spirit of service and resilience into our Rotary journey.

This month, we are reminded that Rotary fellowship is the heartbeat of our movement.

It is through fellowship that we build stronger bonds, nurture our club culture, and inspire one another to serve with joy and purpose.

Tomorrow, Tuesday 16th June, we shall hold our Club Assembly, an important occasion to review and approve our goals for next rotary year, share ideas, and strengthen our collective vision.

> "I encourage every Naalyako to plan and be present for these significant occasions.."

On Saturday 27th June, Past President John Mugisa will graciously host us for Home Hospitality, a cherished tradition that deepens our fellowship in a warm connections and informal setting.

Finally, on Tuesday 30th June 2026, we will celebrate the Installation of President Christine Amucu, a milestone event marking the continuity of leadership and the promise of new beginnings.
I encourage every Naalyako to plan and be present for these significant occasions.

We also celebrate with joy those marking birthdays, anniversaries, and personal wins this week.

Your achievements remind us that Rotary is not only about service but also about celebrating life together.

At the same time, we extend heartfelt empathy to those who are unwell or grieving, may you find strength and comfort in the fellowship of Rotary.

As we move forward, let us embrace this month as a time to renew our fellowship, strengthen our unity, and recommit to service above self.

YOURS IN ROTARY SERVICE,



TEAM TALK

Looking Beyond the President's Year of Service

BY **AG FRANCIS LUBUULWA**

June and July are among the most exciting months in the Rotary calendar. New presidents take office with fresh enthusiasm, incoming boards gather for retreats, goals are set, themes are unveiled, and committees are appointed. There is a renewed optimism that this will be the year the club does something extraordinary.

There is nothing wrong with that excitement; in fact, Rotary needs it. But perhaps it is time to ask ourselves a difficult question: Has our focus on one Rotary year sometimes limited our ability to create lasting impact?

Rotary changes leaders every 12 months, but communities do not change their needs on the same schedule. The child who received school fees this year will still need guidance next year.

The borehole commissioned with great celebration will still require maintenance long after the photographs have been shared.

The health center supported by a club will continue serving patients after the presidential chain has been handed over. A tree planted today will take years before it provides shade.

Community problems do not recognize installations, district conferences, or handover ceremonies. Yet, if we are honest, many of our clubs unintentionally operate as though service begins and ends within a president's term.

A new leader arrives determined to leave a mark. New projects are proposed, previous priorities quietly lose momentum, and last year's strategic plans are filed away.

> "Rotary changes leaders every 12 months, but communities do not change their needs on the same schedule..."

Sometimes, initiatives that had begun to gain traction disappear altogether - not because they lacked value, but because they belonged to someone else's year.



We celebrate the launch of projects more enthusiastically than their continuity. We reward visibility more than consistency. We are often drawn to what is new rather than what is necessary.

It is a difficult truth to confront, but perhaps one

of the reasons some clubs struggle to demonstrate long-term impact is that we have confused activity with transformation.

Activity is easy to count; transformation is harder. It takes years, requires patience, and demands discipline.

This is why planning retreats should be more than an opportunity to brainstorm new ideas; they should be moments of courage.

Before deciding what new initiatives to introduce, clubs should ask questions that are far less glamorous: What commitments have we already made that deserve completion? Which projects have genuinely improved lives and therefore merit continued investment?

What programs have consumed energy and resources without delivering meaningful results? Are we building institutions within our communities, or simply organizing events? Are we addressing root causes, or merely responding to symptoms?

These questions may not produce exciting installation speeches, but they often lead to better decisions. For older clubs, the challenge may be resisting the temptation to continue certain activities simply because "we have always done it this way." Tradition is valuable, but only if it remains purposeful.

For younger clubs, the temptation may be the opposite: trying to prove themselves by doing everything at once.

Bigger is not always better. Sometimes the greatest impact comes from doing a few things exceptionally well and remaining committed long enough to see them through.

Even membership requires this mindset. Many clubs focus heavily on recruitment at the beginning of the year, only to discover months later that members have quietly drifted away. Retention, mentorship, engagement, and fellowship require intentional investment over time. A strong club culture is not built in twelve months; it is built through consistency.

Perhaps the most important shift we need is this: from asking, "What can I achieve during my year as president?" to asking, "What contribution can I make to a story that began before me and will continue long after me?" That is the difference between ownership and stewardship. Rotary leadership is borrowed for a season.

> “A strong club culture is not built in twelve months; it is built through consistency...”

We inherit clubs built through the sacrifice of those who came before us, and we hold them in trust for those who will follow. Our responsibility, therefore, is not simply to have a successful year. It is to strengthen the foundations, deepen the impact, and leave the club better positioned than we found it.

As incoming leaders finalize their plans and outgoing leaders prepare to hand over, let us remember that the most impactful clubs are not necessarily those that launch the most projects, host the grandest events, or generate the loudest applause.

They are the ones that remain faithful to the work long enough to see lives transformed. Because while presidents change every July, service does not.

The true measure of Rotary leadership is not what we start during our year, but what continues to flourish because we had the wisdom to think beyond it.

The author is Assistant Governor, and Past President of Rotary Club of Kampala - Naalya





United: DG Kitakule's Year

GOVERNOR GEOFFREY MARTIN KITAKULE SET AN AMBITIOUS TARGET, BUILT AN ARCHITECTURE TO REACH IT, AND HANDED DISTRICT 9213 OVER STRONGER THAN HE FOUND IT.

On the evening of June 8, 2026, the hall at Hotel Africana fell quiet. District Governor Geoffrey Martin Kitakule had taken the podium to deliver his State of the District Address, and behind him, filling the screen, were photographs of Rotarians planting the 'Unite for Good' and 'End Polio Now' flags at the summit of Mount Kilimanjaro.

The image was not chosen for drama. It was chosen because it was true: this was a district that had set out to climb something, climbed it, and could prove it — in membership figures, Foundation totals, community outcomes, and the testimony of a Primary Five girl in Wakiso who now has clean water at her school.

The numbers, when Kitakule read them aloud, carried weight. More than USD 1.19 million raised for The Rotary Foundation, surpassing a target of USD 1 million — itself no modest ambition.

Membership grew from 5,067 Rotarians at the start of the year to 5,447 by March 2026, a gross intake of 967 new members, with nine new clubs chartered and the district's total reaching 148 Rotary and Rotaract clubs across Uganda. Sixty-three Rotaractors crossed into full Rotary membership.

Thirty new Interact clubs were established, each one a seed planted for a future harvest of service.

A 91 per cent club giving rate and a 74 per cent grant qualification rate confirmed that this was not the achievement of a handful of generous clubs — it was a district-wide culture, deliberately cultivated over twelve months.

> "More than USD 1.19 million raised for The Rotary Foundation, surpassing a target of USD 1 million — itself no modest ambition.."

To appreciate the scale of the shift: these figures represent the strongest Foundation year in the district's recent history, and a membership trajectory that made the formation of a new, independent Rotary district — born directly from District 9213's growth — not just possible, but necessary.

Rotary International's annual theme, *'Unite for Good,'* is the kind of phrase that can become wallpaper — present everywhere, noticed nowhere. Kitakule refused to allow that.



From the day he accepted the chain of office, he anchored every priority to the district's strategic plan: increasing impact, expanding reach, deepening member engagement, and strengthening adaptability. The theme was not a banner; it was a framework that every club president, every Assistant Governor, and every committee chair was expected to navigate by.

The results — the giving rates, the membership numbers, the grant utilisation — are what a framework looks like when it is taken seriously for 365 consecutive days.

A successful year is rarely the product of inspiration alone, and Kitakule understood this early. "The demand on your time is quite overwhelming," he said in an interview for *The Wave Magazine*, "and yet your presence is needed. So you give up on everything else and focus on Rotary."

His response was structural. He reorganised the district into more manageable segments and built a secretariat designed to absorb administrative noise without cutting him off from what actually mattered.

Executive Assistant Allen Nambakire anchored the team; Lieutenant Governor Catherine Barasa and Vice Lieutenant Governor Joe Nuwamenya provided leadership continuity across the district; District Executive Secretary Keziro Kyambadde and Vice DES Peter Dhamuzungu kept operations coherent; and Ms Beatrice Ngabirano held the Rotary Office together through a year of unusually high demand.

Technology advanced alongside the human systems: more than 70 per cent of Rotarians now hold active Rotary Club Central accounts, and online tool utilisation reached 55 per cent — meaningful numbers for an organisation that coordinates across 148 clubs in a country the size of Uganda.

The community outcomes that resulted were equally concrete. USD 5.4 million in Global Grants was deployed alongside USD 2.75 million in non-Global Grant projects — figures that translated into eye care outreaches reaching more than 1,000 patients, Family Health Days serving over 25,000 people, and heart surgery for 20 children through the Little Hearts Project.

Visiting medical teams from Pakistan conducted surgeries that gave elderly men and women back their sight. Rotarians quietly paid school fees for a child found beside the decomposing body of her mother. Volunteers showed up at orphanages to care for children with cerebral palsy.

These are the moments that have no column in any spreadsheet, and Kitakule knows it. He speaks of the letter read to him at Bulondo Kebbabi Church of Uganda Primary School in Wakiso — written by a Primary Five pupil named Shinah Nabaasa, thanking the Rotarians who brought clean water and improved sanitation to her school — with unhurried precision: 'That will stay in my memory forever.'

> "...a media partnership with NBS, a channel of Next Media, generated 649 million views, averaging nearly two million per day."

None of this happened in isolation. DFCU Bank, working through Rotary Davis & Shirtliff, drove water and sanitation work. EACOP supported the Greening Schools initiative.

IREAD-ECDL, Heifer International, AMREF Health Africa, CARE International, and the National Forestry Authority each contributed capacity the district could not have generated alone — co-architects of impact, not one-off sponsors.



And the #RotaryEyamba campaign, amplified through a media partnership with NBS, a channel of Next Media, generated 649 million views, averaging nearly two million per day.

District 9213 did not simply do more good this year; it ensured Uganda could

see what its Rotarians were doing, a visibility gap that has historically cost the organisation the public recognition its work deserves.

The role demanded more travel than any briefing had prepared Kitakule for.

He drove to corners of Uganda that require determination as much as direction, covering ground that few who hold district-level positions actually cover.

He describes the landscape around Abim, in northern Uganda, with something approaching wonder: mountains, valley plains, air that feels restorative simply by being in it. 'Uganda is so beautiful,' he says. 'I confirmed that it truly is the Pearl of Africa.'



Those road trips were not logistics exercises. They were encounters — with the breadth of what the district serves and with the depth of what its members give, quietly, far from any DISCON stage.

The year carried grief, too, and Kitakule does not soften it. A Rotarian was lost on the field during a district football competition. Clubs rallied, a dignified farewell was given, and the district took the experience seriously as a call to sharpen its emergency preparedness.

At the subsequent DISCON — which convened more than 2,200 participants under the work of a dedicated committee — the Rotary Club of First Aid provided on-site medical care, a direct response to what had been learned.

The Mobility team, which accompanied the Governor across the country throughout the year, reflected the same instinct: that showing up in person, prepared and present, is the minimum the role requires. Institutions that treat hard moments as lessons become more serious institutions. District 9213 did.

Kitakule is almost insistent on one point, and it is not rhetorical: none of this was his work alone. He calls his club presidents his *'Ride or Die'* Presidents — not as sentiment but as an accurate description of people who matched his energy for twelve months and ran projects that will outlast this Rotary year.

He credits the Assistant Governors, the DISCON committee, and the Mobility team. He names his family plainly: "I thank my family for the support. I needed it for my own mental well-being." And then, with equal weight, he places the Rotarians themselves — the members in every club who showed up, gave, and volunteered — at the foundation of everything.

"Without them," he says, "the title of District Governor means nothing." That is not modesty. It is an accurate description of how Rotary works, and a reminder of who actually deserves credit for what District 9213 achieved. There is a phrase Kitakule keeps returning to: *"Service is love made visible."* For a man who survived a serious accident that might have ended his life and chose to respond not with self-preservation but with deepened commitment to others, those words are not a slogan; they are a covenant.

The record of his twelve months at the helm of District 9213 shows that covenant was kept — and then some. The clubs are stronger. The membership is larger. The Foundation is richer.

A new district has been born from the organisation's own growth. And in a primary school in Wakiso, a girl named Shinah Nabaasa has clean water.

As Kitakule hands over the chain of office, incoming District Governor Gerald Obai inherits both the achievement and the obligation that attaches to it.

The lesson Kitakule would pass to any successor is unambiguous: "Servant leadership, humility, respect — and always, recognise the Rotarians."

Every club president, every Assistant Governor, every Rotaractor who crossed into membership this year, and every member across all 148 clubs owes Gerald Obai the same unity of purpose, the same willingness to show up in places far from Kampala, and the same institutional discipline that made 2025–2026 what it was.

The standard Kitakule set is not a ceiling to admire from a distance. It is the floor from which the next climb begins – for lasting impact.

As at **01st JUNE** 2026

DISCON Attendence **2200+**

Rotary District 9213

UNITE FOR GOOD

01

$1.192.015 TRF Total Giving

$192,980	Polio Plus
$807,541	Annual Fund
$146,571	Other Funds
$44,910	Endowment

74% Grant Qualification

91% Club Giving Rate

$5.4M Global Grants Utilization

$2.75M Non-Global Grants

Little Hearts Project	20 Children
Eye Care Outreach	1,000 Patients
Family Health Days	25,000 Patients

02

967 Gross Growth | **380** Net Growth

5,067 1st July TO **5,447** March 2026

9 New Clubs **139** TO **148** Clubs

#RotaryeyambaCampaign

649 Million Views | **2M** Daily Average

NEXT MEDIA Partnership



03

Over **70%** have RCC Accounts

55% Online Tool Utilization

04

830 RYLA Interactors	**63** Rotaractors Transitioned
700 RYLA Youth	**30** New Interact Clubs

Family of Rotary — Christmas, Valentine's, Rotakids, Anniversary, and Memorial Days Celebrations

05

dfcu · NFA · I READ · HEIFER INTERNATIONAL · amref health africa · NEXT MEDIA · Ocare · WASH ALLIANCE · EAST AFRICAN CRUDE OIL PIPELINE · DAVIS & SHIRTLIFF · Centenary Bank · Maisha Meds · PRUDENTIAL · UGANDA BREWERIES LIMITED



Kyambadde Kaziro: The Man Built for the Moment

BY **EDITORIAL DESK**

When Rotary International announced the redistricting of District 9213 into the new Districts 9217 and 9218, it was not simply an administrative reorganisation. It was a test of institutional memory, financial discipline, and servant leadership — all at once.

The question facing Rotarians across the affected clubs is not merely who wants to serve as governor of the new Districts. The question is who has already been doing the work that governors are expected to do.

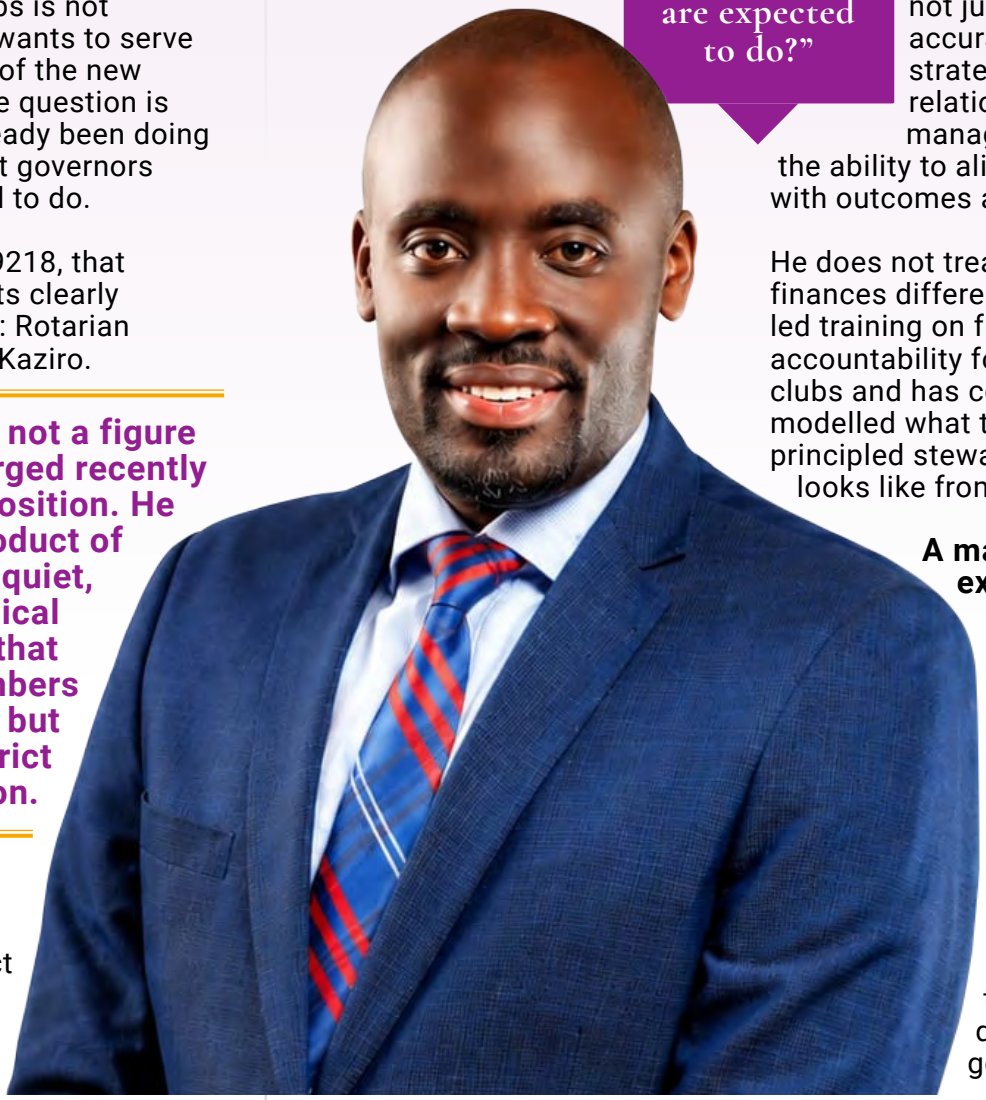
For District 9218, that answer points clearly to one name: Rotarian Kyambadde Kaziro.

Kaziro is not a figure who emerged recently to seek position. He is the product of years of quiet, methodical service that most members never see but every district depends on.

As District Executive Secretary under District Governor Geoffrey Martin Kitakule, he currently sits at the operational nerve centre of the district — managing coordination, documentation, compliance, and the kind of institutional continuity that holds a district together when leadership transitions. He has been, in effect, the district's administrative conscience.

His financial credentials are equally compelling.

> "The question is who has already been doing the work that governors are expected to do?"



As District Treasurer, Kaziro stewarded the district's complex financial framework with the same rigour he brings to his professional life as a Chartered Accountant with over two decades of experience.

He currently leads Corporate and Business Banking at Diamond Trust Bank Uganda — a role that demands not just numerical accuracy but strategic vision, relationship management, and the ability to align resources with outcomes at scale.

He does not treat Rotary's finances differently. He has led training on financial accountability for Rotaract clubs and has consistently modelled what transparent, principled stewardship looks like from the top.

A man with experience

As former District Assistant Governor for Kampala Area 4, Kaziro worked directly with club presidents to translate district goals into

local action — the unsexy, indispensable work of alignment.

He knows where the gaps are between what districts announce and what clubs actually deliver, because he has spent years closing those gaps himself. That intelligence is not theoretical. It is earned.

Then there is the matter of redistricting itself. When District 9213 divides into Districts 9217 and 9218, the transition will require someone who understands the inherited structures, the existing partnerships, and the financial architecture well enough to preserve what works while building what is new.

A governor who is learning the district while leading it is a liability in a transition year. Kaziro is not learning the district. He helped build it. His combined experience as Executive Secretary, Assistant Governor, District Treasurer, and Vice Lieutenant Governor means he has operated at every level of district governance — not as an observer, but as a principal.

> "The question is who has already been doing the work that governors are expected to do?"

His service record extends beyond administration. He has championed environmental causes through tree-planting partnerships including the "Ekibira kya Kabaka" initiative, invested personal time in the Boys Mentorship Programme, and bridged the corporate world with Rotary's humanitarian mission in ways that have produced tangible collaborations.

As a Paul Harris Fellow and member of the Paul Harris Society, his commitment to Rotary is not aspirational — it is documented.

The 2028–2029 Rotary year will arrive at a defining moment for the newly constituted District 9218.

The clubs that emerge from redistricting will need a governor who can hit the ground running, command institutional credibility, and model the financial and operational standards the district aspires to.

Kaziro's record is the case for his candidacy. The biography writes itself — but only if the district chooses to recognise it.

District 9218 will not build itself. It needs a governor who has already built it — quietly, consistently, and without waiting to be asked.

The district's future deserved nothing less than its most prepared servant. Congratulations, Rtn Kyambadde, on your nomination!





Dhamuzungu Set For The District He Has Already Earned

BY **EDITORIAL DESK**

The announcement came on June 8, from the mouth of District Governor Geoffrey Martin Kitakule himself. Rotarian Peter Dhamuzungu of the Rotary Club of Bugiri had been named District Governor Nominee Designate for the newly created Rotary District 9217 — the district that will emerge from the redistricting of District 9213.

For anyone who had watched Dhamuzungu work over the past decade, the news was not a surprise. It was an overdue recognition.

Dhamuzungu joined the Rotary Club of Bugiri in 2015 — not as a man chasing institutional prestige, but as someone drawn to the practical work of service in a region that demands exactly that.

He rose to club president during the 2021–2022 Rotary year as a Change Maker President, a designation that, in his case, was more than honorary.

He changed things.

consecutive years as Assistant Governor in District 9213 followed — 2023–2024 and 2024–2025 — during which he guided multiple clubs through the complex business of staying aligned with district vision while remaining rooted in local reality.

Currently, as Vice District Executive Secretary under Governor Kitakule's "Unite for Good" administration, he is the operational spine of much of what the district does day-to-day: coordinating official visits, managing secretariat communications, and serving as Area Chair for the Eastern Region.

> "Through The Rotary Foundation's Disaster Response Fund, he led the district's response — not from a committee room, but from the field..."



What makes Dhamuzungu's record distinct is not the breadth of titles but the texture of what sits beneath them.

When landslides tore through Bulambuli and left families without shelter or stability, the district needed someone to translate humanitarian impulse into coordinated action.

Peter was on the ground.

Through The Rotary Foundation's Disaster Response Fund, he led the district's response – not from a committee room, but from the field.

That is the kind of leadership that cannot be manufactured for a campaign profile. It exists only in people who were already there before anyone was watching.

His Eastern Cultural Night — now a beloved fixture in the district's fellowship calendar — reveals a different but equally important dimension of his character.

Districts that endure are not built on projects alone;

they are built on belonging. Dhamuzungu understands that fellowship is not the soft side of Rotary. It is the connective tissue that holds everything else together, especially in a newly formed district still finding its identity.

By profession, Peter Dhamuzungu is an agricultural scientist with the Ministry of Agriculture, Animal Industry and Fisheries.

It is a classification that speaks to who he is more than any Rotary title could. His life's work — with or without his Rotary pin — is about cultivating growth in soil that others overlook. District 9217 will be new soil. It will need exactly the kind of patient, scientific approach to development that he brings: assess the ground, build the conditions for growth, invest long-term, and measure results against outcomes rather than appearances.

As DGND, Dhamuzungu is not arriving with a new theory. He is arriving with a tested practice.

The road to 2028–2029 is not short, and the work of building a new district begins well before the governor's gavel falls.

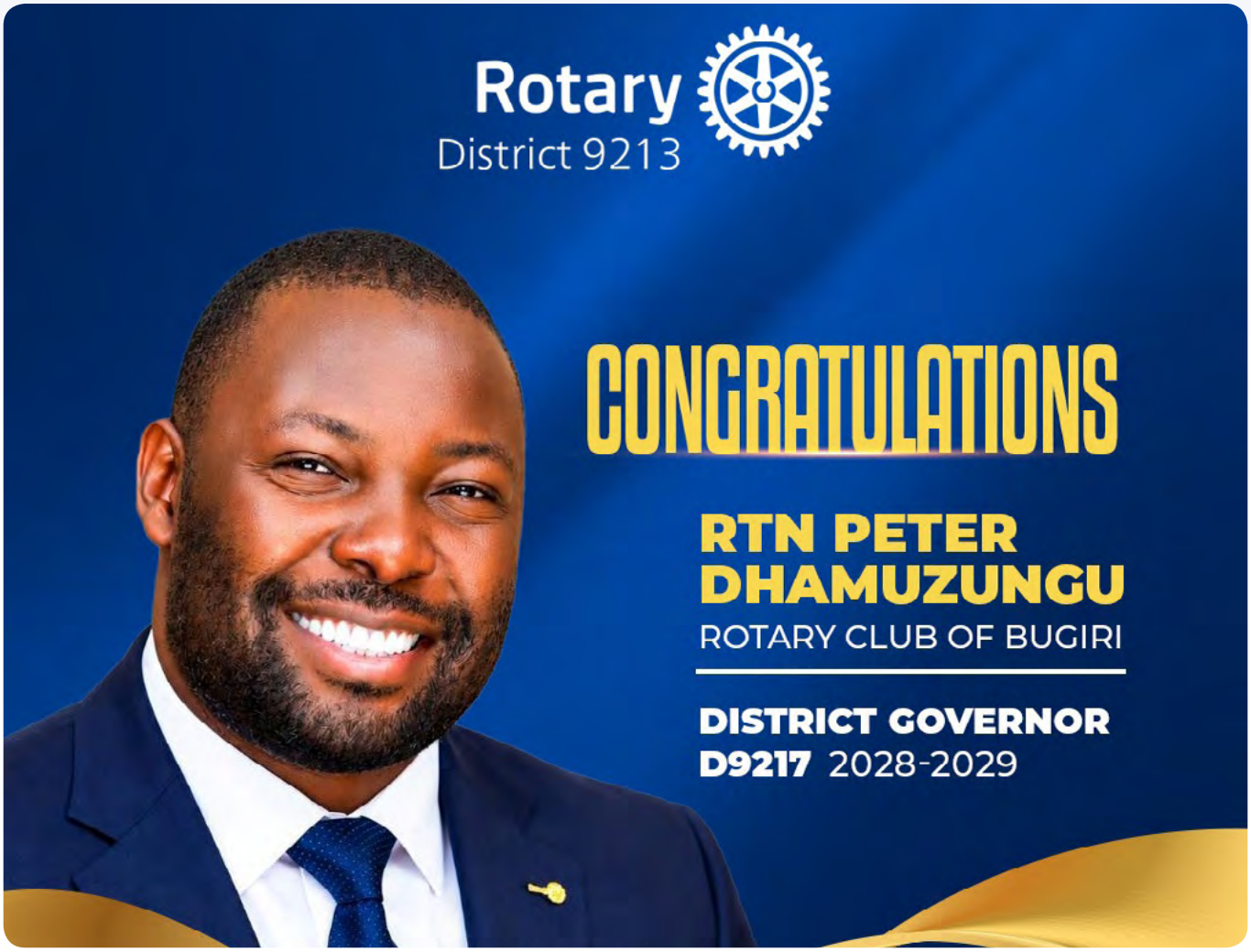
Rotarians across District 9217's clubs have a role to play right now: affirm his nomination through your club leadership, amplify his profile in district communications, and engage with his agenda actively so that when the governorship begins, it begins with momentum rather than introductions.

> “A DGND supported by a district that already knows him is a governor who can lead from day one.”

A DGND supported by a district that already knows him is a governor who can lead from day one.

Peter Dhamuzungu did not build his record to become governor. He built it because that is who he is.

The governorship is simply the next field he will cultivate — and if the past decade is any indication, District 9217 will be better ground for it.





Taipei 2026 Forges, Renews Rotary friendships

BY **ETELKA LEHOCZKY**

A thunder of drums opened the 2026 Rotary International Convention's first general session in Taipei, Taiwan.

The rhythmic beats launched a vivid pageant that blended traditional and modern elements to evoke the city's cosmopolitan nature and Rotary's global spirit.



As RI President Francesco Arezzo took the stage on 14 June to welcome attendees, he described the experience of meeting Rotary members throughout his term: "Everywhere I went, I found the same spirit.

Different languages, different food, different ways of welcoming a guest — but always the same Rotary heart."

"As we begin this convention, enjoy this city and this magical island. Enjoy the rain. Enjoy this fellowship.

Celebrate what we have done. And dream of what Rotary can still become," said Arezzo, a member of the Rotary Club of Ragusa, Italy.

> "Beyond the general sessions, convention-goers will have the opportunity to choose from dozens of breakout sessions."

In addition to forging and renewing relationships with Rotary and Rotaract club members, program participants, alumni, and guests from around the globe, convention attendees will hear from an array of thought-provoking leaders.

Keynote speaker Malala Yousafzai is the youngest-ever Nobel Peace Prize laureate and an advocate for girls' education.

Rotary Peace Fellow Natalie Emery works with the World Food Programme to offer guidance and strategic support to countries experiencing humanitarian emergencies.

Salome Agbaroji, a Nigerian-American spoken-word poet, was the U.S. National Youth Poet Laureate in 2023-24.

In addressing the opening session, Taiwan's President Lai Ching-te described the event as a truly momentous occasion.

"Special thanks go to Taiwan's Rotary members for bringing the world to Taiwan, and to Rotary International leaders for their support," he said.

Beyond the general sessions, convention-goers will have the opportunity to choose from dozens of breakout sessions.



Many of them will highlight how clubs are working in Rotary's areas of focus: promoting peace, fighting disease, providing clean water and sanitation, improving maternal and child health, supporting education, growing local economies, and protecting the environment.

Fighting disease remains in the thoughts of many attendees as Rotary grapples with the difficult final stage of the fight against polio.

The paralyzing disease has been eliminated in most of the world, but the goal of eradication has yet to be reached.

"This year was difficult," Arezzo said in his opening remarks. "Funding became harder. Governments faced new pressures. But our efforts on polio do not disappear because the world grows tired of hearing about it. We have to keep our promise to the world's children."

Arezzo described visiting Pakistan to observe Rotary's immunization efforts and seeing a child about three years old who had been paralyzed by polio. She used her hands to pull herself to join a group of children.

"That little girl is why we cannot stop," Arezzo said. "We must finish because the next child is still waiting."

Besides providing updates on our top causes, convention breakout sessions will cover many other ways that Rotary members are making a difference in the world.

Planned sessions include Rotary Rising: Engaging the Next Generation, Anime Environmental Education: Inspiring ZeroWaste Action, and AI for Good: Empowering Rotary's Mission With AI.

Using technology to bring attendees together was a particular focus for members of the convention's volunteer committee. They created an interpretation app to help attendees who don't speak Taiwanese Mandarin or Taiwanese Hokkien, the nation's primary languages.

If attendees need help finding their way around or communicating with a convention volunteer, they can use the app to instantly start a video call with an interpreter. The interpreters speak English, Japanese, and Korean.

"They created an interpretation app to help attendees who don't speak Taiwanese Mandarin or Taiwanese Hokkien, the nation's primary languages."

"We designed the app for attendees who have language barriers and need to find where their hotel is, get to the convention center, get medical services — even get to one of the city's night markets or find a good restaurant," said Volunteer Committee Chair Michael Tseng, a member of the Rotary Club of Taipei Prosperity, Taipei.

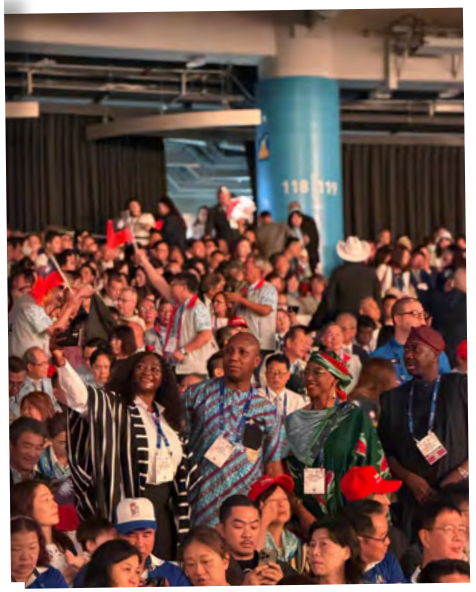
While some committee members were designing the app, others began recruiting Rotary members from all over the country to serve as interpreters.

The HOC GO! app is available in major app stores. The 2026 Rotary International Convention continues through 17 June.

RI Convention - Taipei 2026













#SolRise

The True Cost of Mental Health Stigma At the Workplace

BY **RTN JACKLINE MUTIIMBA**

He asked me to keep his voice down.

We were sitting in the corner of a restaurant in Kampala, away from his colleagues. He had requested the meeting, but the moment he started talking, he leaned in and whispered.

"I haven't been okay for months. But I can't let anyone at work know."

He was a senior program officer at a well-respected NGO. On paper, he was thriving. In reality, he was drowning. His biggest fear was not the burnout itself; it was being found out.

This is the conversation happening in whispers across our offices in Uganda and throughout Africa - not in HR offices, not in team meetings, not in supervision sessions, but in restaurant corners, parking lots, and late-night text messages to trusted friends. Because in many of our workplaces, admitting you are struggling is still career suicide.

Mental health stigma in African workplaces is not just a cultural problem; it is a structural one. We have built organizations where vulnerability is seen as weakness, where "I am not coping" is interpreted as "I am not competent."

Where the employee who pushes through regardless of the personal cost is celebrated, the one who asks for support is quietly labeled as difficult, dramatic, or uncommitted.

So, people learn to perform wellness. They arrive early, they smile in meetings, and they submit reports on time. Then, they fall apart in private.

The cost of this silence is enormous, and we are not measuring it. As M&E professionals, we track indicators for everything: output, reach, quality, and timeliness.

Yet, how many of our results frameworks have a single indicator for staff wellbeing? How many of our organizational assessments ask whether employees feel psychologically safe enough to say, "I need help"?

We measure what we value. Right now, most of our organizations are sending a very clear message about what - and who -they value.



> “It is about policies that protect employees who come forward instead of quietly sidelining them.”

Breaking mental health stigma at work is not about organizing one wellness day a year, nor is it about putting a motivational quote on the office wall.

It is about leaders who model vulnerability, who say out loud, "I have struggled too, and I got support." It is about policies that protect employees who come forward instead of quietly sidelining them.

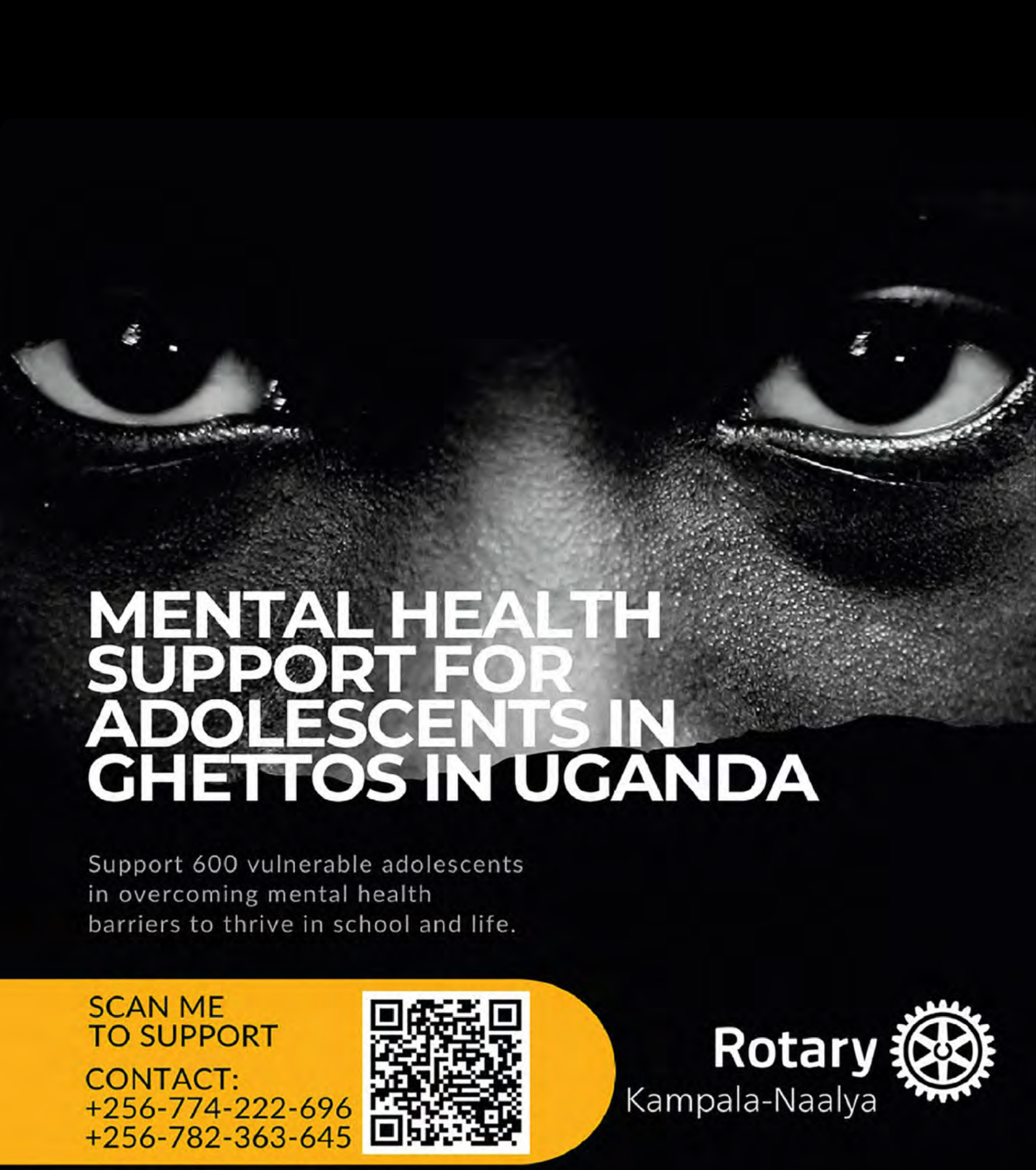
It is about supervision spaces that go beyond task updates to genuinely ask, "How are you doing as a person?" It is about normalizing the sentence, "I am not okay, and I need support," without it costing someone their reputation or their job.

The man in the restaurant eventually got help privately, outside of work hours, entirely hidden from his organization.

He is doing better now, but he told me something that has stayed with me since that conversation: "If I had felt safe enough to speak up at work when it started, it would never have gotten that bad."

Silence is not strength; it is a symptom of an unsafe system.

What would it take for your workplace to become a space where people can speak up about mental health without fear?


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ELDER'S EYE

Fellowships: Increasing Outreach from 'Outside the Box'

BY **PP GODFREY OKELLO-OMODING**

Thinking outside the box" is a common saying. It is used when formal or expected methodological thinking fails to yield solutions. It is an alternative approach that introduces creative ways to solve problems.

In this sense, Rotary fellowships function "inside the box" of Rotary, while acting "outside the box" to provide solutions for service to humanity.

As they pursue their activities, they contribute to increasing Rotary's outreach and impact.

Since this month began, much has been presented, discussed, and written about fellowships. Fellowships are breeding grounds for ideas, innovation, and creativity.

The theme is timely; as we approach the new Rotary year, many are considering new beginnings, and joining a fellowship is a worthy option to explore.

Planning to join a fellowship requires guidance and well-rounded information.

More importantly, it requires knowing where one can best exercise and express their passions and interests.

> "Fellowships provide members with additional avenues through which they can contribute, and they benefit individual members as well."



Being pressured into joining a fellowship rarely sustains one's passion.

Let passion be the driver. This enables members to remain connected to the organization while expanding their impact through unconventional channels. Use this month to reflect on where to direct your passion.

Increasing Rotary's outreach through fellowships can also be viewed as increasing the participation of Rotarians.

Think of it like a plant: each leaf, wherever it spreads, taps into sunlight to support the plant's overall survival.

Likewise, Rotarians in fellowships bring creativity and innovation to service delivery, contributing to the strength of Rotary as a whole.

Fellowships widen the horizons of participation. They provide members with additional avenues through which they can contribute, and they benefit individual members as well.

Many take new ideas from fellowships back to their respective clubs.

Thinking is an essential aspect of growth, and fellowships provide the avenues to exercise it. They enhance different thought processes while working toward a common cause.

If thinking is restricted only to the club setting, it may limit learning and the development of new methods for service delivery.

Shifts in the way we do things are best initiated and experimented with in fellowships. Essentially, passion-led experiments are internally driven and more likely to succeed. There are often fewer excuses because of enhanced shared values and devotion.

Members of fellowships tend to be committed to sharing; in the same spirit, they find it easy to cultivate and extend the idea of sharing with others. It becomes easier for them to share their presence, abilities, competencies, and talents—the true ideal of service.

Rotarians, the concept of sharing is best tested in fellowships, as it is focused on specific passions and interests.

Passions are inner infusions expressed through action; this is where a person's willingness to share is fully open to others. Such sharing is easily transferable to service delivery when brought back to the club.

> “Fellowships operate within the framework of enhancing partnerships and acquaintances.”

Faith is also nurtured in fellowships, enabling members to come together, have fun, and blend it with purposeful service. Because members come from different clubs and nationalities, the environment naturally induces creativity and innovation.

It encourages different ways of viewing and doing things. The spirit of connection drives the development of new projects and ideas.

Fellowships operate within the framework of enhancing partnerships and acquaintances.

In the process, new ideas emerge for undertaking and supporting projects, thereby enhancing our ways of serving humanity.

Through this, fellowships enable us to increase our outreach from "outside the box."

Rotarians, join fellowships to strengthen togetherness and to expand and explore a range of ideas for service delivery.

Join, build, and enhance fellowships for purposeful and fruitful service to humanity.



Rotary
Club of Kampala Naalya

Happy Birthday

May you have all the joy
your heart can hold.
Wishing you the happiest
and brightest day ever !



Rtn Brian Mayanja

15.06.2026



OUT TO LUNCH

How Ugandans Can Make Money from European Soccer Fans

BY **RTN DENIS JJUUKO**

The European soccer season reached its crescendo the other weekend with the UEFA Champions League final in Budapest. Soccer fans are now engrossed with the FIFA World Cup, which is going in USA, Canada and Mexico.

National teams are tussling it out for the world's biggest soccer prize, and given the time difference, expect emotions to run high during late nights and early mornings.

Soccer is the world's most popular sport, with an estimated 4 billion fans globally.

Legends like Diego Maradona and Pelé are worshipped in their respective countries—Argentina and Brazil—and across the globe.

Current soccer "gods," Lionel Messi of Argentina and Cristiano Ronaldo of Portugal, have hundreds of millions of followers worldwide.

For both, this will be their final World Cup. Messi won the title four years ago, and Ronaldo is looking to add the trophy to his ever-growing list of achievements.
In the regular season, the English Premier League is



the most popular in Uganda and many other parts of the world. English clubs, particularly Arsenal, Liverpool, and Manchester United, have millions of followers in Uganda.

> "English clubs, particularly Arsenal, Liverpool, and Manchester United, have millions of followers in Uganda."

When Arsenal won the premiership title last month, its fans went hysterical: church events were organized, concerts were held, people marched several kilometers in mock trophy parades, rival fans trolled Arsenal, Arsenal fans shot back, and memes were created.

The banter has been in high gear.
Some observers, after witnessing huge crowds of Arsenal fans in various African capitals, wondered why people were celebrating a foreign team, labeling it "colonialism."

Some of the loudest voices -including journalists working for media houses that push for Western hegemony - argued that Africans must develop their own games rather than worshiping colonizers.

Regardless, the globalization of the media, combined with the marketing capabilities of European leagues, has made European soccer essential viewing for many.



It is easier to find a television showing an English soccer match than a Ugandan one.

The money involved also means that infrastructure and talent development are centuries ahead of countries like Uganda.

Sometimes, a live match involving human players resembles a computer game in its execution; the aesthetics of the English Premier League are hard to ignore.

But after watching these huge crowds, one wonders: what can be done? How can entrepreneurs in countries like Uganda tap into this? There are millions of fans who are committed to their clubs and remain faithful even when titles remain elusive for decades.

Looking at the sheer numbers of Arsenal fans in Uganda and Kenya, it is clear that many are wearing counterfeit replica shirts. Very few fans in East Africa can afford a £140 (approximately Shs711,000) shirt before shipping and taxes, so many small shops sell counterfeits for as little as Shs30,000.

What if someone negotiated a deal with these clubs to manufacture replica shirts that are affordable for African markets? These shirts could be African-themed to differentiate them from those sold in Europe. Fans would likely purchase them, knowing they were original shirts intended for the continent.

> “One challenge with Ugandan bars that show matches is inconsistency; you sometimes find them flipping channels to try and satisfy everyone,.”

The franchise owner could work with law enforcement to prevent the shipment of cheap counterfeits, while those who can afford European-standard merchandise could still order directly from the franchise. Other merchandise items could be shipped using the same concept.

Soccer is best watched among peers. At home—to the chagrin of many spouses—it can be a lonely experience, and rival fans are great to engage with during a match. Imagine an Arsenal, Liverpool, or Manchester United-themed bar. Fans of a particular club could catch the game on large screens in a friendly atmosphere.

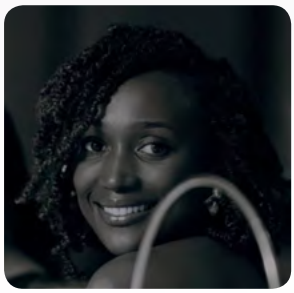
One challenge with Ugandan bars that show matches is inconsistency; you sometimes find them flipping channels to try and satisfy everyone, especially when several matches are played simultaneously.

Some fans end up leaving to find a place where their specific team’s match is being shown. A themed bar would dedicate its screens to a club’s matches regardless of the opposition.

They would also avoid playing loud music when 95% of the patrons are watching the game rather than listening to the music.

Menus, such as cocktails, could be club-themed, and betting companies could sponsor matches and parties. A loyal clientele could easily be established, guaranteeing good returns for the investor.

The writer is a communication and visibility consultant.
djjuuko@yahoo.com



PK's CORNER

The Parts of Me Only I Can Hold

There are pieces of you
no one will ever
fully understand not
because they do not try,
not because they do not
love you enough,
but because some parts of a
soul are written in a language
only its owner can read.

People will know your laughter, but
not always the ache behind it.
They will admire your softness
without understanding
how hard you fought
not to become cold.
They will call you strong
without ever seeing
how many times you nearly gave up
in the privacy of your own mind.

And perhaps that is not loneliness.
Perhaps it is sacred.

Because there is something holy
about belonging to yourself first.

You are not a puzzle
meant to be solved by
another person.
You are a universe
vast, layered, changing
and even stars keep parts
of themselves hidden
inside the dark.
So when the world
misunderstands you,
when your silence is
mistaken for distance,
or your depth becomes too
much for shallow hands to
hold, do not shrink yourself
into simpler versions for comfort.

Some pieces of you
were never meant for
public understanding.
They were meant to be held
gently by your own heart —
the quiet truths,
the private scars,
the secret wonders
that make you who you are.

And maybe healing begins
the moment you stop asking others
to completely understand your
soul, and start learning to sit
beside yourself instead,
with tenderness,
with patience,
with awe
for the beautiful mystery
you have always been.

Listen to yourself!

Till again,

~pkwy


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Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST

The development of acquaintance as an opportunity for service;

SECOND

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD

The application of the ideal of service in each Rotarian's personal, business and community life;

FOURTH

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service

Plate/Platter

There is a word that has been quietly doing heavy lifting in the English language for seven centuries, yet most of us walk past it every day without a second glance: *platter*. Its humbler cousin, *plate*, receives equal neglect. Together, they tell a story about language, labor, and what it truly means to serve.

Both trace their ancestry to the Greek *platys* - flat, broad - and to the Proto-Indo-European root *plat* -, meaning to spread. They are linguistic siblings that grew up to occupy very different ends of the dinner table.

The same root, incidentally, gave us *plateau*, *platform*, and *platitude*—the last one being, appropriately, a remark so flat it has lost all flavor.

The plate is yours. It sits in front of you, holds your portion, and minds its own business. Nobody writes idioms about a plate. Nobody says, "He was handed success on a silver plate." It would sound wrong—too small, too individual, too tidy. A plate is what you eat from; a platter is what you serve from.

And therein lies the story.

By the 1600s, the *platter* had earned a specific role: the large, oval vessel that arrived at the table bearing a whole roast, a side of fish, or a heap of shared courses. It was abundance made visible. It was ceremonial.



When a medieval noble received something on a silver platter, it meant that someone else had done the heavy lifting- the sourcing, the preparation, and the presentation—and handed the result over with maximum ceremony and minimal effort required in return.

Hence the idiom: "A starting position will not be handed to you on a silver platter." We say it to students, to new recruits, and to anyone who mistakes access for entitlement.

The platter, in that sense, is a warning - a reminder that abundance has a source, and that source is effort.

But the idiom has a second face, and this is the one worth sitting with. A well-prepared platter—given freely, at some cost to the giver - is also the highest expression of what it means to serve.

Think of a club that arrives in a slum with a fully equipped medical camp. Think of a teacher who builds the library before the students arrive, or Rotarians who commission a borehole and hand over the key.

From the outside, it may look effortless - everything has been arranged, everything is ready, and the community simply receives.

That is the platter at its finest: something complete, abundant, and shared, presented without fuss by people who understand that the work was theirs to do.

Language, like most things worth studying, rewards a second look. *Platys. Plat. Platter. Plate*. Seven hundred years of flatness, shaped into meaning by the people who used the words -and by those who understood the difference between sitting at the table and setting it.

Jokes of the week

1.Why did the chef break up with the calendar?
Because it was full of dates.
2.A husband walks into the kitchen and asks his wife:
"What's for dinner?"
She replies:
"Nothing."
The husband says:
"You made that yesterday."
The wife answers:
"I know. I made enough for two days."



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Dennis Osikol



Efrance Nakitto



Evelyn Mulinda



Francis Lubuulwa



Hadijah Nankanja



Laetitia Kiyingi



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